



If any of your information changes during the year, please contact Kayla Prewitt at (606) 256-7767 or k.prewitt@rhcc.org.

# 2019 County-Wide Stride Bundle Registration

Cost: \$165 + \$9.90 tax = \$174.90 (Includes 10 races)

**Please complete all fields and print clearly**

Name: \_\_\_\_\_

Runner  Walker  \*If you run and walk during a race, choose runner.

Age: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M F

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Want to join our race e-mail contact list? Yes No Already on list

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

### Preferred Regular 50/50 T-shirt/Sweatshirt Size:

UNISEX Fit: YM YL S M L XL 2X 3X

### Preferred Dri-Fit Shirt Size:

UNISEX Fit: YM YL XS S M L XL 2X 3X

LADIES Fit: XS S M L XL 2X 3X

## WAIVER

PLEASE READ CAREFULLY: Release and indemnity agreement – Running and/or walking a distance race is a potentially hazardous activity. I should not enter and participate unless I am medically and physically able, and properly trained. In consideration of entering a race event, and intending to be legally bound, I do release and waive for myself and for my heirs, executors, and administrators (and for my child as its legal guardian) and claims for damages and liabilities of any kind arising out of my participation in the event against all persons, entities, and agencies involved with promoting and running the event, including Rockcastle Regional Hospital and Respiratory Care Center, and all sponsors. I hereby release all publication rights of any photographs or video taken at this event to Rockcastle Regional Hospital and Respiratory Care Center for print and Website publication and/or advertising and social media. By signing below, I indicate that I agree to abide by this agreement and acknowledge that I ASSUME ALL RISK ASSOCIATED WITH PARTICIPATING IN ANY 2019 COUNTY-WIDE STRIDE RACE EVENT.

\_\_\_\_\_  
Date: \_\_\_\_\_

Participant(s) Signature (Or parent/guardian signature if under 18)

### RACES INCLUDED IN BUNDLE:

- January's Snowball Express 2M run/walk
- February's 4K for Heart Health run/walk
- March's St. Patrick's Day 5-mile run/5K walk
- April's Fairview 5K run/walk
- May's Brodhead Hustle 5K run/walk
- July's Alzheimer's 5K run/walk
- September's Livingston Leap 5K run/walk
- September's Running for the Rock 5K run/2M walk
- October's Bittersweet 5K run/walk
- December's Jingle Bell 6K run/walk

### RACES NOT INCLUDED:

- June Fit Family Run (admission is canned goods)
- October's Renfro Rock 'N Run
- November's Kiwanis Run for Kids 5K