



# RENFRO ROCK 'N RUN REGISTRATION FORM

Name: \_\_\_\_\_ Gender:  M  F Birthdate: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

EVENT: Half-Marathon: Run  Walk  5K: Run  Walk

*\*If you think you might run, please sign up as a runner, to be fair to competitive walkers.\**

UNISEX Tech T-Shirt Size:  YM  YL  XS  S  M  L  XL  2X  
*(Half-Marathon and Relay participants receive long-sleeve tech shirt. 5K receive short sleeve tech shirt)*

## CONTACT INFO:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

Want to join our race e-mail contact list?  Yes  No  Already on list

Is this your first time participating in an organized run/walk?  Yes  No

How did you hear about this event?  Newspaper  Friend  On-line Race Calendar

Social Media  Other \_\_\_\_\_

## Payment Enclosed (check one):

### Half-Marathon

By June 30th  \$65.00

By Sept. 30th  \$75.00

Oct. 1st-Raceday  \$85.00

### *Rockcastle Regional Employee Discount*

\$32.50

\$37.50

\$42.50

### 5K Run/Walk

By Sept. 30th  \$25.00

Oct. 1st-Raceday  \$30.00

\$12.50

\$15.00

## PAYMENT INFORMATION:

### Make Checks Payable To:

Renfro Rock N Run

### Send Form & Payment To:

Attn. Chelsea Dillingham  
 Rockcastle Regional  
 PO Box 1310  
 Mt. Vernon, KY 40456

## WAIVER

PLEASE READ CAREFULLY: In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against Rockcastle Regional Hospital and Respiratory Care Center Inc., RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Participant(s) Signature (Or parent/guardian signature if under 18) \_\_\_\_\_ Date: \_\_\_\_\_