



Virtual Run/Walk

Here are some sure signs of spring if you live in Rockcastle County: the weather is getting warmer, the Redbuds are blooming, and it's almost time for the Fairview 5K! To help keep everyone safe during these unusual times, the 10th Annual Fairview Baptist Church 5K Run For Missions will be virtual this year. To participate, register as usual and complete your run or walk anytime between April 6 and May 9. Remember, to keep appropriate social distancing, it is not recommended to run or walk with those outside your household. But it IS recommended that you run, walk, or get some form of exercise while we wait for normal life to return, and there's no better way to do that than by participating in a virtual 5K!

- Pre-registration fee \$15.00 by Friday, April 24 at 12 Noon
- Family Discount: Family of 4 is \$50.00, each additional child is \$10.00.
- All pre-registered participants receive a free Tultex t-shirt (will be mailed to participants)
- Share your photos on our Facebook page (www.facebook.com/Fairview5K) or other social media platforms using #fairview5k.

Questions/Information

• Contact Twila Burdette at t.burdette@rhrcc.org or 859-661-1287 for more information.



Fairview Baptist "A Run for Missions" REGISTRATION FORM

(Please Print Clearly)

5K Run: 2M Walk:
Shirt: YM YL S M L XL 2X (add \$3) 3X (add \$3)
Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____
E-mail: _____

First time participating in an organized run/walk? Yes No
How did you hear about this event? Newspaper Friend On-line Race Calendar Social Media Strides Magazine Other _____

Amount Enclosed (check one)
Pre-Registration (must be received by Friday, April 24) \$15.00
Family Registration \$ _____ (List family members and sizes on back of this form)

Rockcastle Regional Employee Discounts:
Pre-Registration (must be received by Friday, April 24) \$7.50

Make Checks Payable to: Fairview Baptist Church
Send form and payment to: 520 Fairview Loop Rd, Mt. Vernon, KY 40456
(Fees are non-refundable)

WAIVER
PLEASE READ CAREFULLY: Release and indemnity agreement – Running and/or walking a distance race is a potentially hazardous activity. I should not enter and participate unless I am medically and physically able, and properly trained. In consideration of entering this run/walk event, and intending to be legally bound, I do release and waive for myself and for my heirs, executors, and administrators (and for my child as its legal guardian) and claims for damages and liabilities of any kind arising out of my participation in the event against all persons, entities, and agencies involved with promoting and running the event, including Rockcastle Regional Hospital and Respiratory Care Center and all Sponsors. I hereby release all publication rights of any photographs or video taken at this event to Rockcastle Regional Hospital and Respiratory Care Center for print and on-line publication and/or advertising and social media. By signing below, I indicate that I agree to abide by this agreement and acknowledge that I ASSUME ALL RISK ASSOCIATED WITH PARTICIPATING IN THIS EVENT.

Participant(s) Signature (Or parent's signature if under 18) _____ Date: _____